

## 5. Stabilisation

**Difficulty:**  $(R_h)$  is convex but not strictly convex and hence multiple solutions and bad condition of discrete problems are to be expected.

$(R_{h,\text{stab}})$  Minimise **Stabilised Relaxed Energy**

$$E_h^r(v_h) := E^r(v_h) + \frac{1}{2}a_h(v_h, v_h)$$

for FE function  $v_h$ .

**Stabilisation Terms** analysed for  $W^r = W^c$

$$a_h(v_h, v_h) := \begin{cases} \sum_{E \in \mathcal{E}} h_E^\gamma \int_E |[Dv_h]|^2 ds & \text{(Jumps),} \\ \int_{\Omega} h_T^{\gamma-1} |Dv_h - ADv_h|^2 dx & \text{(Averages),} \\ h^\gamma \|Dv_h\|_{L^2(\Omega)}^2 & \text{(Gradients).} \end{cases}$$

**Theorem** [Bartels-C.-Hackl-Hoppe (2003)]:  
Guaranteed convergence of  $(a_h$ -depending) damped quasi-Newton-Raphson Schemes for  $(R_{h,\text{stab}})$ .

**Theorem** [Bartels-C.-Prohl-Plechac (2003)]:  
For  $u \in W^{3/2+\varepsilon,2}(\Omega)$  and quasiuniform meshsize  $h$ ,

$$\lim_{h \rightarrow 0} \|D(u - u_h)\|_{L^2(\Omega)} = 0.$$