# Chapter 5: First order methods 

Edouard Pauwels<br>Statistics and optimization in high dimensions<br>M2RI, Toulouse 3 Paul Sabatier

## Different estimators

$\mathbb{X} \in \mathbb{R}^{n \times d}, Y \in \mathbb{R}^{n}$ (random).

$$
\begin{aligned}
& \hat{\theta} \in \arg \min _{\theta \in \mathbb{R}^{d}}\|\mathbb{X} \theta-Y\|_{2}^{2} \\
& \hat{\theta} \in \arg \min _{\theta \in \mathbb{R}^{d}}\|\mathbb{X} \theta-Y\|_{2}^{2}, \quad \text { s.t. } \quad\|\theta\|_{1} \leq 1 \\
& \hat{\theta} \in \arg \min _{\theta \in \mathbb{R}^{d}}\|\mathbb{X} \theta-Y\|_{2}^{2}, \quad \text { s.t. } \quad\|\theta\|_{0} \leq k \\
& \hat{\theta} \in \arg \min _{\theta \in \mathbb{R}^{d}}\|\mathbb{X} \theta-Y\|_{2}^{2}+\lambda\|\theta\|_{0} \\
& \hat{\theta} \in \arg \min _{\theta \in \mathbb{R}^{d}}\|\mathbb{X} \theta-Y\|_{2}^{2}+\lambda\|\theta\|_{1} \\
& \hat{\theta} \in \arg \min _{\theta \in \mathbb{R}^{d}}\|\theta\|_{1}, \quad \text { s.t. } \quad \mathbb{X} \theta=Y .
\end{aligned}
$$

- The first one can be computed in $O\left(n^{2} d\right)$ operations.
- How about the other ones?
- How to deal with large values of $n$ and $d$.


## Where have we been so far.

- $\|\cdot\|_{0}$ : hard to handle computationally.
- $\ell_{1}$ norm estimators are solutions to conic programs.
- General purpose solvers (interior point methods).
- Iterative methods: at least $d^{3}$ per iteration.

Plan for today: if one cannot afford $d^{3}$. Introduction to first order methods and nonsmooth analysis.

- Analysis of gradient descent algorithm.
- Introduction to the notion of subgradient.
- Algorithm for nonsmooth optimization: subgradient and proximal gradient.
- Acceleration.

Sources are diverse, see the lecture notes.

## Plan

1. Gradient descent algorithm
2. Nonsmooth analsysis
3. Subgradient descent
4. Composite optimization
5. Lower bounds and acceleration

## Intuition from continuous time dynamics

## Proposition

Let $f: \mathbb{R}^{p} \mapsto \mathbb{R}$ be twice differentiable with compact sublevel sets. Consider the differential equation, for $x_{0} \in \mathbb{R}^{p}$,

$$
\begin{align*}
\dot{x}(t) & =-\nabla f(x(t))  \tag{1}\\
x(0) & =x_{0} . \tag{2}
\end{align*}
$$

Then, there exists a solution to the initial value problem defined for all $t>0$.

- $\int_{0}^{+\infty}\|\nabla f(x(t))\|_{2}^{2} d t<+\infty$ and $\lim _{t \rightarrow \infty}\|\nabla f(x(t))\|=0$.
- Any accumulation point $\bar{x}$ of the trajectory satisfies $\nabla f(\bar{x})=0$.
- If in addition $f$ is convex, set $f^{*}=\inf _{x \in \mathbb{R}^{p}} f(x)$ and assume that it is attained at $x^{*}$, we have for any $t \in \mathbb{R}, t>0$,

$$
f(x(t))-f^{*} \leq \frac{\left\|x_{0}-x^{*}\right\|_{2}^{2}}{2 t}
$$

And $x(t) \underset{t \rightarrow \infty}{ } \bar{x}$ where $\bar{x}$ is a global minimizer of $f$.

## Gradient descent and a descent lemma

Gradient algorithm: $f: \mathbb{R}^{p} \mapsto \mathbb{R}$, iteration cost of the order of $p$.

$$
\begin{equation*}
x_{k+1}=x_{k}-s_{k} \nabla f\left(x_{k}\right) \tag{3}
\end{equation*}
$$

## Lemma

Let $f: \mathbb{R}^{p} \mapsto \mathbb{R}$ be continuously differentiable with L-Lipschitz gradient $(L>0)$, then for any $x, y \in \mathbb{R}^{p}$,

$$
|f(y)-f(x)-\langle\nabla f(x), y-x\rangle| \leq \frac{L}{2}\|y-x\|_{2}^{2}
$$

## Gradient descent algorithm

## Proposition

Let $f: \mathbb{R}^{p} \mapsto \mathbb{R}$ be continuously differentiable with L-Lipschitz gradient and such that $\inf _{x \in \mathbb{R}^{p}} f(x)>-\infty$. Consider the algorithm, for $x_{0} \in \mathbb{R}^{p}$ and

$$
\begin{equation*}
x_{k+1}=x_{k}-\frac{1}{L} \nabla f\left(x_{k}\right) \tag{4}
\end{equation*}
$$

Then

- $\lim _{k \rightarrow \infty}\left\|\nabla f\left(x_{k}\right)\right\|=0$, (any accumulation point $\bar{x}$ of the trajectory satisfies $\nabla f(\bar{x})=0)$.
- If in addition $f$ is convex, set $f^{*}=\inf _{x \in \mathbb{R}^{p}} f(x)$ and assume that it is attained at $x^{*}$, we have for any $k \in \mathbb{N}, k>0$,

$$
f\left(x_{k}\right)-f^{*} \leq \frac{L\left\|x_{0}-x^{*}\right\|_{2}^{2}}{2 k}
$$

Furthermore $x_{k}$ converges to $\bar{x}$ a global minimum of $f$

- If in addition $f$ is $\mu$-strongly convex, then we have for any $k \in \mathbb{N}$

$$
f\left(x_{k+1}\right)-f^{*} \leq\left(1-\frac{\mu}{L}\right)\left(f\left(x_{k}\right)-f^{*}\right)
$$

## Plan

1. Gradient descent algorithm
2. Nonsmooth analsysis
3. Subgradient descent
4. Composite optimization
5. Lower bounds and acceleration

## Nonsmooth analysis?

How to deal with $\ell_{1}$ norm penalty? We need a generalization of the notion of gradient.

## Notations

Lower semicontinuity: $f$ denotes a lower semi-continuous convex function on $\mathbb{R}^{p}$. Lower semi-continuity: epigraph is closed:

$$
\operatorname{epi}_{f}=\left\{(x, z) \in \mathbb{R}^{p+1}, z \geq f(x)\right\}
$$

equivalently as for any $x \in \mathbb{R}^{p}$

$$
\lim _{\inf _{y \rightarrow x}} f(y) \geq f(x)
$$

Domain: $f$ is allowed to take value $+\infty$, we denote its domain by

$$
\operatorname{dom}_{f}=\left\{x \in \mathbb{R}^{p}, f(x)<+\infty\right\}
$$

which is a convex set.

For example:

$$
\min _{\|\theta\|_{1} \leq 1}\|\mathbb{X} \theta-y\|_{2}^{2}=\min _{\theta \in \mathbb{R}^{d}}\|\mathbb{X} \theta-y\|_{2}^{2}+\delta(x)
$$

where $\delta(\theta)=0$ if $\|\theta\|_{1} \leq 1$, and $+\infty$ otherwise (indicator of the $\ell_{1}$ unit ball).

## Exercise

Show that a convex function is continuous on the interior of its domain.

## Notion of subgradient

## Definition

For any $x \in \operatorname{dom}_{f}$, the subgradient of $f$ denotes the set

$$
\partial f(x)=\left\{v \in \mathbb{R}^{p}, f(y) \geq f(x)+\langle v, y-x\rangle, \forall y \in \mathbb{R}^{p}\right\} .
$$

For $x \notin \operatorname{dom}_{f}, \partial f(x)$ is set to be empty.
We deduce from the definition the generalization of Fermat rule

## Theorem

$x^{*} \in \arg \min _{x} f(x)$ if and only if $0 \in \partial f\left(x^{*}\right)$.

Exercise, indicator: Let $C$ be compact convex and $\delta(x)=0$ for $x \in C$ and $+\infty$ otherwise. Describe $\partial \delta$.

## Properties of the subgradient

## Proposition

For any $x \in \mathbb{R}^{p}, \partial f(x)$ is a closed convex set. Furthermore, at any $x \in \operatorname{int}\left(\operatorname{dom}_{f}\right), \partial f(x)$ is non empty and bounded.

Exercise, sequential closedness: Let $f: \mathbb{R}^{p} \mapsto \mathbb{R}$ be a convex function, show that $\partial f$ is sequencialy closed in the sence that, for any $\bar{x}$

$$
\left\{v \in \mathbb{R}^{p}, \exists\left(x_{k}, v_{k}\right)_{k \in \mathbb{N}}, x_{k} \rightarrow \bar{x}, v_{k} \rightarrow v, v_{k} \in \partial f\left(x_{k}\right), f\left(x_{k}\right) \rightarrow f(\bar{x})\right\} \subset \partial f(\bar{x})
$$

Exercise, lipschitzness: Let $f: \mathbb{R}^{p} \mapsto \mathbb{R}$, show that $f$ is L-Lipschitz if and only if $\sup _{x \in \mathbb{R}^{p}, v \in \partial f(x)}\|v\|_{2} \leq L$.

Exercise, sum rule: Let $f$ and $g$ be convex. Show that $\partial(f+g)(x) \supset \partial f(x)+\partial g(x)$ for every $x$ such that $\partial f(x)$ and $\partial g(x)$ are non empty. What do you think about the reverse inclusion?

## Representation of convex functions

## Theorem

Let $f$ be convex and lower semicontinuous and finite at least at one point, then $f$ is the supremum of all its affine minorants: for any $x \in \mathbb{R}^{p}$

$$
f(x)=\sup _{r \in \mathbb{R}, v \in \mathbb{R}^{p}} r+v^{\top} x \quad \text { s.t. } \quad f(y) \geq r+v^{\top} y, \forall y \in \mathbb{R}^{p} .
$$

## Subgradients and directional derivatives

## Theorem

For any $x \in \operatorname{int}\left(\operatorname{dom}_{f}\right)$ and any $h \in \mathbb{R}^{p}$,

$$
D_{h} f(x)=\sup _{v \in \partial f(x)}\langle v, h\rangle,
$$

where $D_{h}$ denotes the directional derivative of $f$,

$$
D_{h} f(x)=\lim _{t>0, t \rightarrow 0} \frac{f(x+t h)-f(x)}{t}
$$

Consequence: if $f$ is differentiable at $\bar{x}$ then $\partial f(\bar{x})=\{\nabla f(\bar{x})\}$

## Fenchel-Young's inequality

## Definition

Given $f$ convex, the Fenchel-Legendre transform of $f$ is given as follows

$$
f^{*}: z \mapsto \sup _{y \in \mathbb{R}^{p}} z^{T} y-f(y)
$$

## Theorem

For any $f$ convex, $f^{*}$ is convex and for any $x, z \in \mathbb{R}^{p}$

$$
f(x)+f^{*}(z) \geq z^{T} x
$$

and the preceeding inequality holds if and only if $z \in \partial f(x)$. This is called Fenchel-Young's inequality. Furthermore, $f$ is lower semicontinuous if and only if $\left(f^{*}\right)^{*}=f$.

## Exercise

Set $f: x \mapsto\|x\|_{1}$. Compute $f^{*}$ and the subgradient of $f$.

# Plan 

1. Gradient descent algorithm
2. Nonsmooth analsysis
3. Subgradient descent
4. Composite optimization
5. Lower bounds and acceleration

## Convergence analysis for subgradient descent

## Proposition

Let $f: \mathbb{R}^{p} \mapsto \mathbb{R}$ be a convex function which attains its infimum and has full domain. Consider the algorithm, for $x_{0} \in \mathbb{R}^{p}$, a sequence of positive numbers $\alpha_{k}>0, k \in \mathbb{N}$, iterate

$$
\begin{align*}
x_{k+1} & =x_{k}-\alpha_{k} v_{k}  \tag{5}\\
v_{k} & \in \partial f\left(x_{k}\right) . \tag{6}
\end{align*}
$$

Then for any global minimizer $x^{*}$, setting, $y_{k}=\sum_{i=0}^{k} \alpha_{i} x_{i} /\left(\sum_{i=0}^{k} \alpha_{i}\right)$

$$
\begin{aligned}
\min _{i=1, \ldots, k} f\left(x_{k}\right)-f^{*} & \leq \frac{\left\|x_{0}-x^{*}\right\|^{2}+\sum_{i=0}^{k} \alpha_{i}^{2}\left\|v_{i}\right\|_{2}^{2}}{2 \sum_{i=0}^{k} \alpha_{i}} \\
f\left(y_{k}\right)-f^{*} & \leq \frac{\left\|x_{0}-x^{*}\right\|^{2}+\sum_{i=0}^{k} \alpha_{i}^{2}\left\|v_{i}\right\|_{2}^{2}}{2 \sum_{i=0}^{k} \alpha_{i}}
\end{aligned}
$$

## Convergence analysis for subgradient descent

## Corollary

If $f$ is L-Lipschitz, we have the following convergence result for subgradient method.

- If $\alpha_{k}=\alpha$ is constant, we have

$$
\min _{i=1, \ldots, k} f\left(x_{k}\right)-f^{*} \leq \frac{\left\|x_{0}-x^{*}\right\|^{2}}{2(k+1) \alpha}+\frac{L^{2} \alpha}{2}
$$

- In particular, choosing $\alpha_{i}=\frac{\left\|x_{0}-x^{*}\right\| / L}{\sqrt{k+1}}$, we have

$$
\min _{i=1, \ldots, k} f\left(x_{k}\right)-f^{*} \leq \frac{\left\|x_{0}-x^{*}\right\| L}{\sqrt{k+1}}
$$

- Choosing $\alpha_{k}=\left\|x_{0}-x^{*}\right\| /(L \sqrt{k})$ for all $k$, we obtain for all $k$

$$
\min _{i=1, \ldots, k} f\left(x_{k}\right)-f^{*}=O\left(\frac{\left\|x_{0}-x^{*}\right\|_{2} L(1+\log (k))}{\sqrt{k}}\right) .
$$

## Subgradient algorithm

- Very generic, applies to any convex function (all purpose tool).
- Requires computing subgradient (interior of the domain).
- The convergence rate is optimal among all Lipschitz function.
- Hard to tune (decreasing step size).
- Quite slow in practice.


# Plan 

1. Gradient descent algorithm
2. Nonsmooth analsysis
3. Subgradient descent
4. Composite optimization
5. Lower bounds and acceleration

## Motivation

Lasso estimator

$$
\hat{\theta}^{\ell_{1}} \in \arg \min _{\theta \in \mathbb{R}^{d}} \frac{1}{2 n}\|\mathbb{X} \theta-Y\|^{2}+\lambda\|\theta\|_{1}
$$

Composite structure: "Smooth + non smooth"

$$
F=f+g
$$

where $f$ is smooth and $g$ is convex, non smooth.

This additional structure can be leveraged. This model includes constrained optimization problems.

## Proximity operator (Moreau)

## Definition

Given a closed convex function, $g: \mathbb{R}^{d} \mapsto \mathbb{R}$, the proximity operator of $g$ is defined as follows

$$
\operatorname{prox}_{f}: z \mapsto \arg \min _{y \in \mathbb{R}^{d}} g(y)+\frac{1}{2}\|y-z\|_{2}^{2}
$$

By strong convexity, the minimum is attained and is strict.
Note that we have $x=\operatorname{prox}_{g}(z)$ if and only if $z=\partial g(x)+x$ and the proximity operator is sometimes denoted $(\partial g+I)^{-1}$.

Indicator: Let $C$ be compact convex and $\delta(x)=0$ for $x \in C$ and $+\infty$ otherwise. What is $\operatorname{prox}_{\delta}$ ?

## Extension of the descent Lemma

$$
\min _{x \in \mathbb{R}^{p}} f(x)+g(x)
$$

## Lemma

Let $f: \mathbb{R}^{p} \mapsto \mathbb{R}$ be convex continuously differentiable with L-Lipschitz gradient and $g$ be convex lower semicontinuous. Fix any $x \in \mathbb{R}^{p}$ and set

$$
y=\operatorname{prox}_{g / L}\left(x-\frac{1}{L} \nabla f(x)\right)
$$

Then, for any $z \in \mathbb{R}^{d}$,

$$
f(z)+g(z)+\frac{L}{2}\|x-z\|_{2}^{2} \geq f(y)+g(y)+\frac{L}{2}\|y-z\|_{2}^{2} .
$$

## Proximal gradient algorithm

$$
\min _{x \in \mathbb{R}^{p}} f(x)+g(x)
$$

## Proposition

Let $f: \mathbb{R}^{p} \mapsto \mathbb{R}$ be convex continuously differentiable with L-Lipschitz gradient and $g$ be convex lower semicontinuous such that $\rho=\inf _{x \in \mathbb{R}^{p}} f(x)+g(x)>-\infty$ is attained at $x^{*}$. Consider the algorithm, for $x_{0} \in \mathbb{R}^{p}$ and

$$
\begin{equation*}
x_{k+1}=\operatorname{prox}_{g / L}\left(x_{k}-\frac{1}{L} \nabla f\left(x_{k}\right)\right) . \tag{7}
\end{equation*}
$$

Then $x_{k}$ converges to a global minimum and we have for any $k \in \mathbb{N}, k>0$,

$$
f\left(x_{k}\right)+g\left(x_{k}\right)-\rho \leq \frac{L\left\|x_{0}-x^{*}\right\|_{2}^{2}}{2 k} .
$$

If in addition $f+g$ is $\mu$-strongly convex, we have in addition

$$
\left\|x_{k+1}-x^{*}\right\|_{2}^{2} \leq \frac{L}{L+\mu}\left\|x_{k}-x^{*}\right\|_{2}^{2}
$$

## Proximal gradient algorithm

- More efficient way to handle nonsmooth convex functions.
- Easier to implment.
- Faster in practice (similar as gradient descent).
- Require to compute prox operators (not always possible).


# Plan 

1. Gradient descent algorithm
2. Nonsmooth analsysis
3. Subgradient descent
4. Composite optimization
5. Lower bounds and acceleration

## $\mathrm{O}(1 / \mathrm{k})$ convergence rate?

Can we do better? What is the limit?

## A lower bound

## Definition

A first order method to minimize a smooth convex function $f$ when initiated at $x_{1}=0$, produces a sequence of points $\left(x_{i}\right)_{i \in \mathbb{N}}$ such that for any $k \in \mathbb{N}$,

$$
x_{k+1} \in \operatorname{span}\left(\nabla f\left(x_{0}\right), \ldots, \nabla f\left(x_{k}\right)\right) .
$$

## Theorem

Let $k \leq(d-1) / 2, L>0$. There exists a convex function $f$ with $L$-Lipschitz gradient over $\mathbb{R}^{d}$, such that for any first order method satisfying definition (11),

$$
\min _{1 \leq s \leq k} f\left(x_{s}\right)-f\left(x^{*}\right) \geq \frac{3 L}{32} \frac{\left\|x_{0}-x^{*}\right\|^{2}}{(k+1)^{2}}
$$

## Lower bound: proof (from Bubeck's book)

For $h: \mathbb{R}^{d} \rightarrow \mathbb{R}$ we denote $h^{*}=\inf _{x \in \mathbb{R}^{d}} h(x)$.

For $k \leq d$ let $A_{k} \in \mathbb{R}^{d \times d}$ be the symmetric and tridiagonal matrix defined by

$$
\left(A_{k}\right)_{i, j}= \begin{cases}2, & i=j, i \leq k \\ -1, & j \in\{i-1, i+1\}, i \leq k, j \neq k+1 \\ 0, & \text { otherwise }\end{cases}
$$

We verify that $0 \preceq A_{k} \preceq 4 /$ since for any $x \in \mathbb{R}^{d}$,

$$
\begin{aligned}
x^{T} A_{k} x & =2 \sum_{i=1}^{k} x(i)^{2}-2 \sum_{i=1}^{k-1} x(i) x(i+1)=x(1)^{2}+x(k)^{2}+\sum_{i=1}^{k-1}(x(i)-x(i+1))^{2} \\
& \leq 4 \sum_{i=1}^{k} x(i)^{2} \geq 0
\end{aligned}
$$

## Lower bound: proof (from Bubeck's book)

$$
A_{k}=\left(\begin{array}{cccccc}
2 & -1 & 0 & & \\
-1 & 2 & -1 & & 0 & \\
& \cdots & & \cdots & \\
& 0 & & \begin{array}{c}
-1 \\
0
\end{array} & 2 & -1 \\
& & & -1 & 2
\end{array}\right\} \begin{gathered}
\\
\\
\\
\end{gathered}
$$

We consider now the following convex function:

$$
f(x)=\frac{L}{8} x^{\top} A_{2 k+1} x-\frac{L}{4} x^{\top} e_{1}
$$

For any $s=1, \ldots, k, x_{s}$ must lie in the linear span of $e_{1}, \ldots, e_{s-1}$ (assumption). In particular for $s \leq k, x_{s}(i)=0$ for $i=s, \ldots, d$, which implies $x_{s}^{T} A_{2 k+1} x_{s}=x_{s}^{T} A_{k} x_{s}$. Set

$$
f_{k}(x)=\frac{L}{8} x^{\top} A_{k} x-\frac{L}{4} x^{\top} e_{1}
$$

We proved that, for all $s \leq k$

$$
f\left(x_{s}\right)-f^{*}=f_{k}\left(x_{s}\right)-f_{2 k+1}^{*} \geq f_{k}^{*}-f_{2 k+1}^{*} .
$$

Thus it remains to compute the minimizer $x_{k}^{*}$ of $f_{k}$, its norm, and the corresponding function value $f_{k}^{*}$.

## Lower bound: proof (from Bubeck's book)

The point $x_{k}^{*}$ is the unique solution in the span of $e_{1}, \ldots, e_{k}$ of $A_{k} x=e_{1}$. One can verify (Exercise) that it is defined by $x_{k}^{*}(i)=1-\frac{i}{k+1}$ for $i=1, \ldots, k$. Thus we have:

$$
f_{k}^{*}=\frac{L}{8}\left(x_{k}^{*}\right)^{\top} A_{k} x_{k}^{*}-\frac{L}{4}\left(x_{k}^{*}\right)^{\top} e_{1}=-\frac{L}{4}\left(x_{k}^{*}\right)^{\top} e_{1}=-\frac{L}{4}\left(1-\frac{1}{k+1}\right) .
$$

Furthermore note that

$$
\left\|x_{k}^{*}\right\|^{2}=\sum_{i=1}^{k}\left(1-\frac{i}{k+1}\right)^{2}=\sum_{i=1}^{k}\left(\frac{i}{k+1}\right)^{2} \leq \frac{k+1}{3} .
$$

Thus one obtains:

$$
f_{k}^{*}-f_{2 k+1}^{*}=\frac{L}{4}\left(\frac{1}{k+1}-\frac{1}{2 k+2}\right) \geq \frac{3 L}{16} \frac{\left\|x_{2 k+1}^{*}\right\|^{2}}{(k+1)^{2}},
$$

## Optimality of the lower bound?

Gradient descent achieves $1 / k$ and the lower bound is $1 / k^{2}$. Which one is tight?

## Nesterov's accelerated method

## Theorem

Let $f: \mathbb{R}^{p} \mapsto \mathbb{R}$ be convex continuously differentiable with L-Lipschitz gradient $\inf _{x \in \mathbb{R}^{p}} f(x)>-\infty$. Consider the algorithm, for $x_{-1} \in \mathbb{R}^{p}$, set $y_{0}=x_{-1}, t_{1}=1$ and for $k \in \mathbb{N}$,

$$
\begin{align*}
x_{k} & =y_{k}-\frac{1}{L} \nabla f\left(y_{k}\right) \\
t_{k+1} & =\frac{1+\sqrt{1+4 t_{k}^{2}}}{2} \\
y_{k+1} & =x_{k}+\left(\frac{t_{k}-1}{t_{k+1}}\right)\left(x_{k}-x_{k-1}\right) \tag{8}
\end{align*}
$$

Then for any $k \in \mathbb{N}$

$$
f\left(x_{k}\right)-f^{*} \leq \frac{4 L\left\|x_{0}-x^{*}\right\|_{2}^{2}}{(k+2)^{2}}
$$

## Nesterov's acceleration: proof

Set for any $k \in \mathbb{N}$,

$$
p_{k}:=\left(t_{k}-1\right)\left(x_{k-1}-x_{k}\right) \quad \text { so that } \quad y_{k+1}=x_{k}-\frac{p_{k}}{t_{k+1}}
$$

Momentum term: for any $k \geq 1$

$$
\begin{array}{r}
t_{k} \geq \frac{1+\sqrt{4 t_{k-1}^{2}+1}}{2} \geq t_{k-1}+\frac{1}{2} \geq t_{0}+\frac{k}{2}=1+\frac{k}{2} \\
\left(t_{k+1}^{2}-t_{k+1}\right)=t_{k}^{2} \tag{10}
\end{array}
$$

Main argument: the sequence $\left\{z_{k}\right\}_{k \in \mathbb{N}}$,

$$
\begin{equation*}
z_{k}:=\frac{2 t_{k}^{2}}{L}\left(f\left(x_{k}\right)-f^{*}\right)+\left\|p_{k}-x_{k}+x^{*}\right\|^{2} \tag{11}
\end{equation*}
$$

is non-increasing and $z_{0} \leq 2\left\|x_{0}-x^{*}\right\|^{2}$. The result can be deduced by combining (9) and (11).

## Nesterov's acceleration: proof

We have a series of three inequalities.

$$
p_{k+1}-x_{k+1}=p_{k}-x_{k}+\frac{t_{k+1}}{L} \nabla f\left(y_{k+1}\right)
$$

This implies

$$
\begin{aligned}
\left\|p_{k+1}-x_{k+1}+x^{*}\right\|_{2}^{2}= & \left\|p_{k}-x_{k}+x^{*}\right\|_{2}^{2}+2 \frac{\left(t_{k+1}-1\right)}{L}\left\langle p_{k}, \nabla f\left(y_{k+1}\right)\right\rangle \\
& +2 \frac{t_{k+1}}{L}\left\langle x^{*}-y_{k+1}, \nabla f\left(y_{k+1}\right)\right\rangle+\frac{t_{k+1}^{2}}{L^{2}}\left\|\nabla f\left(y_{k+1}\right)\right\|_{2}^{2}
\end{aligned}
$$

From the Lipschitz gradient assumption, we obtain

$$
\begin{aligned}
f\left(x_{k+1}\right)-f^{*} & \leq f\left(y_{k+1}\right)-f^{*}-\frac{1}{2 L}\left\|\nabla f\left(y_{k+1}\right)\right\|_{2}^{2} \\
& \leq\left\langle\nabla f\left(y_{k+1}\right), y_{k+1}-x^{*}\right\rangle-\frac{1}{2 L}\left\|\nabla f\left(y_{k+1}\right)\right\|_{2}^{2} \\
\frac{1}{2 L}\left\|\nabla f\left(y_{k+1}\right)\right\|_{2}^{2} & \leq f\left(y_{k+1}\right)-f\left(x_{k+1}\right) \leq f\left(x_{k}\right)-f\left(x_{k+1}\right)-\frac{1}{t_{k+1}}\left\langle p_{k}, \nabla f\left(y_{k+1}\right)\right\rangle
\end{aligned}
$$

## Nesterov's acceleration: proof

Using the last three identities, we obtain

$$
\begin{aligned}
& \left\|p_{k+1}-x_{k+1}+x^{*}\right\|_{2}^{2}-\left\|p_{k}-x_{k}+x^{*}\right\|_{2}^{2} \\
= & 2 \frac{\left(t_{k+1}-1\right)}{L}\left\langle p_{k}, \nabla f\left(y_{k+1}\right)\right\rangle+2 \frac{t_{k+1}}{L}\left\langle x^{*}-y_{k+1}, \nabla f\left(y_{k+1}\right)\right\rangle+\frac{t_{k+1}^{2}}{L^{2}}\left\|\nabla f\left(y_{k+1}\right)\right\|_{2}^{2} \\
\leq & 2 t_{k+1} \frac{\left(t_{k+1}-1\right)}{L}\left(f\left(x_{k}\right)-f\left(x_{k+1}\right)-\frac{1}{2 L}\left\|\nabla f\left(y_{k+1}\right)\right\|_{2}^{2}\right) \\
& +2 \frac{t_{k+1}}{L}\left(f^{*}-f\left(x_{k+1}\right)-\frac{1}{2 L}\left\|\nabla f\left(y_{k+1}\right)\right\|_{2}^{2}\right)+\frac{t_{k+1}^{2}}{L^{2}}\left\|\nabla f\left(y_{k+1}\right)\right\|_{2}^{2} \\
= & 2 t_{k+1} \frac{\left(t_{k+1}-1\right)}{L}\left(f\left(x_{k}\right)-f^{*}+f^{*}-f\left(x_{k+1}\right)\right)+2 \frac{t_{k+1}}{L}\left(f^{*}-f\left(x_{k+1}\right)\right) \\
= & 2 \frac{t_{k}^{2}}{L}\left(f\left(x_{k}\right)-f^{*}\right)-2 \frac{t_{k+1}^{2}}{L}\left(f\left(x_{k+1}-f^{*}\right)\right)
\end{aligned}
$$

This proves that the sequence $\left(z_{k}\right)_{k \in \mathbb{N}}$ is non increasing. It remains to compute $z_{0}$,

$$
z_{0}=\frac{2}{L}\left(f\left(x_{0}\right)-f^{*}\right)+\left\|x^{*}-x_{0}\right\|^{2} \leq 2\left\|x_{0}-x^{*}\right\|_{2}^{2} .
$$

Putting things together

$$
f\left(x_{k}\right)-f^{*} \leq \frac{L z_{0}}{2 t_{k}^{2}} \leq \frac{4 L\left\|x_{0}-x^{*}\right\|_{2}^{2}}{(k+2)^{2}} .
$$

## Conclusion for nonsmooth optimization

- When available prefer proximal method.
- Acceleration works well in practive.
- Extension of Nesterov's algorithm to the proximal decomposition setting (Beck and Teboulle, FISTA).

