Chapter 5: First order methods

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#### Statistics and optimization in high dimensions M2RI, Toulouse 3 Paul Sabatier

$$\begin{split} \mathbb{X} \in \mathbb{R}^{n \times d}, \ Y \in \mathbb{R}^{n} \ (\text{random}). \\ & \hat{\theta} \in \arg\min_{\theta \in \mathbb{R}^{d}} \| \mathbb{X}\theta - Y \|_{2}^{2} \\ & \hat{\theta} \in \arg\min_{\theta \in \mathbb{R}^{d}} \| \mathbb{X}\theta - Y \|_{2}^{2}, \qquad \text{s.t.} \qquad \|\theta\|_{1} \leq 1 \\ & \hat{\theta} \in \arg\min_{\theta \in \mathbb{R}^{d}} \| \mathbb{X}\theta - Y \|_{2}^{2}, \qquad \text{s.t.} \qquad \|\theta\|_{0} \leq k \\ & \hat{\theta} \in \arg\min_{\theta \in \mathbb{R}^{d}} \| \mathbb{X}\theta - Y \|_{2}^{2} + \lambda \|\theta\|_{0} \\ & \hat{\theta} \in \arg\min_{\theta \in \mathbb{R}^{d}} \| \mathbb{X}\theta - Y \|_{2}^{2} + \lambda \|\theta\|_{1} \\ & \hat{\theta} \in \arg\min_{\theta \in \mathbb{R}^{d}} \|\theta\|_{1}, \qquad \text{s.t.} \qquad \mathbb{X}\theta = Y. \end{split}$$

- The first one can be computed in  $O(n^2d)$  operations.
- How about the other ones?
- How to deal with large values of *n* and *d*.

- $\bullet ~ \| \cdot \|_0 :$  hard to handle computationally.
- $\ell_1$  norm estimators are solutions to conic programs.
- General purpose solvers (interior point methods).
- Iterative methods: at least  $d^3$  per iteration.

Plan for today: if one cannot afford  $d^3$ . Introduction to first order methods and nonsmooth analysis.

- Analysis of gradient descent algorithm.
- Introduction to the notion of subgradient.
- Algorithm for nonsmooth optimization: subgradient and proximal gradient.
- Acceleration.

Sources are diverse, see the lecture notes.

# Plan

## 1. Gradient descent algorithm

- 2. Nonsmooth analsysis
- 3. Subgradient descent
- 4. Composite optimization
- 5. Lower bounds and acceleration

### Proposition

Let  $f : \mathbb{R}^{\rho} \mapsto \mathbb{R}$  be twice differentiable with compact sublevel sets. Consider the differential equation, for  $x_0 \in \mathbb{R}^{\rho}$ ,

$$\dot{x}(t) = -\nabla f(x(t)) \tag{1}$$

$$x(0) = x_0. \tag{2}$$

Then, there exists a solution to the initial value problem defined for all t > 0.

- $\int_0^{+\infty} \|\nabla f(x(t))\|_2^2 dt < +\infty$  and  $\lim_{t\to\infty} \|\nabla f(x(t))\| = 0$ .
- Any accumulation point  $\bar{x}$  of the trajectory satisfies  $\nabla f(\bar{x}) = 0$ .
- If in addition f is convex, set f\* = inf<sub>x∈ℝP</sub> f(x) and assume that it is attained at x\*, we have for any t ∈ ℝ, t > 0,

$$f(x(t)) - f^* \leq \frac{\|x_0 - x^*\|_2^2}{2t}.$$

And  $x(t) \xrightarrow[t \to \infty]{} \bar{x}$  where  $\bar{x}$  is a global minimizer of f.

**Gradient algorithm:**  $f : \mathbb{R}^{p} \mapsto \mathbb{R}$ , iteration cost of the order of p.

$$x_{k+1} = x_k - s_k \nabla f(x_k) \tag{3}$$

### Lemma

Let  $f : \mathbb{R}^{p} \mapsto \mathbb{R}$  be continuously differentiable with L-Lipschitz gradient (L > 0), then for any  $x, y \in \mathbb{R}^{p}$ ,

$$|f(y)-f(x)-\langle 
abla f(x),y-x
angle|\leq rac{L}{2}\|y-x\|_2^2.$$

## Proposition

Let  $f : \mathbb{R}^{p} \mapsto \mathbb{R}$  be continuously differentiable with L-Lipschitz gradient and such that  $\inf_{x \in \mathbb{R}^{p}} f(x) > -\infty$ . Consider the algorithm, for  $x_{0} \in \mathbb{R}^{p}$  and

$$x_{k+1} = x_k - \frac{1}{L} \nabla f(x_k). \tag{4}$$

#### Then

- $\lim_{k\to\infty} \|\nabla f(x_k)\| = 0$ , (any accumulation point  $\bar{x}$  of the trajectory satisfies  $\nabla f(\bar{x}) = 0$ ).
- If in addition f is convex, set f<sup>\*</sup> = inf<sub>x∈ℝ<sup>p</sup></sub> f(x) and assume that it is attained at x<sup>\*</sup>, we have for any k ∈ N, k > 0,

$$f(x_k) - f^* \leq \frac{L \|x_0 - x^*\|_2^2}{2k}.$$

Furthermore  $x_k$  converges to  $\bar{x}$  a global minimum of f

• If in addition f is  $\mu$ -strongly convex, then we have for any  $k \in \mathbb{N}$ 

$$f(x_{k+1}) - f^* \leq \left(1 - \frac{\mu}{L}\right)(f(x_k) - f^*).$$

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How to deal with  $\ell_1$  norm penalty? We need a generalization of the notion of gradient.

## Notations

**Lower semicontinuity**: f denotes a lower semi-continuous convex function on  $\mathbb{R}^{p}$ . Lower semi-continuity: epigraph is closed:

$$\operatorname{epi}_f = \left\{ (x, z) \in \mathbb{R}^{p+1}, \ z \ge f(x) \right\}.$$

equivalently as for any  $x \in \mathbb{R}^p$ 

$$\lim \inf_{y\to x} f(y) \ge f(x).$$

**Domain:** f is allowed to take value  $+\infty$ , we denote its domain by

$$\operatorname{dom}_f = \{x \in \mathbb{R}^p, f(x) < +\infty\},\$$

which is a convex set.

#### For example:

$$\min_{\| heta\|_1\leq 1} \|\mathbb{X} heta-y\|_2^2 = \min_{ heta\in\mathbb{R}^d} \|\mathbb{X} heta-y\|_2^2 + \delta(x)$$

where  $\delta(\theta) = 0$  if  $\|\theta\|_1 \leq 1$ , and  $+\infty$  otherwise (indicator of the  $\ell_1$  unit ball).

Show that a convex function is continuous on the interior of its domain.

## Definition

For any  $x \in \text{dom}_f$ , the subgradient of f denotes the set

$$\partial f(x) = \{ v \in \mathbb{R}^p, f(y) \ge f(x) + \langle v, y - x \rangle, \forall y \in \mathbb{R}^p \}.$$

For  $x \notin \text{dom}_f$ ,  $\partial f(x)$  is set to be empty.

We deduce from the definition the generalization of Fermat rule

## Theorem

$$x^* \in \arg \min_x f(x)$$
 if and only if  $0 \in \partial f(x^*)$ .

**Exercise, indicator:** Let C be compact convex and  $\delta(x) = 0$  for  $x \in C$  and  $+\infty$  otherwise. Describe  $\partial \delta$ .

### Proposition

For any  $x \in \mathbb{R}^{p}$ ,  $\partial f(x)$  is a closed convex set. Furthermore, at any  $x \in \operatorname{int}(\operatorname{dom}_{f})$ ,  $\partial f(x)$  is non empty and bounded.

**Exercise, sequential closedness:** Let  $f: \mathbb{R}^{p} \mapsto \mathbb{R}$  be a convex function, show that  $\partial f$  is sequencially closed in the sence that, for any  $\bar{x}$ 

$$ig\{ m{v} \in \mathbb{R}^{p}, \, \exists \left(x_{k}, m{v}_{k}
ight)_{k \in \mathbb{N}}, \, x_{k} 
ightarrow ar{x}, \, m{v}_{k} 
ightarrow m{v}, \, m{v}_{k} \in \partial f(x_{k}), \, f(x_{k}) 
ightarrow f(ar{x}) ig\} \subset \partial f(ar{x})$$

**Exercise, lipschitzness:** Let  $f : \mathbb{R}^p \mapsto \mathbb{R}$ , show that f is *L*-Lipschitz if and only if  $\sup_{x \in \mathbb{R}^p, v \in \partial f(x)} \|v\|_2 \leq L$ .

**Exercise, sum rule:** Let f and g be convex. Show that  $\partial(f + g)(x) \supset \partial f(x) + \partial g(x)$  for every x such that  $\partial f(x)$  and  $\partial g(x)$  are non empty. What do you think about the reverse inclusion?

### Theorem

Let f be convex and lower semicontinuous and finite at least at one point, then f is the supremum of all its affine minorants: for any  $x \in \mathbb{R}^p$ 

$$f(x) = \sup_{r \in \mathbb{R}, v \in \mathbb{R}^p} r + v^T x$$
 s.t.  $f(y) \ge r + v^T y, \forall y \in \mathbb{R}^p$ 

## Theorem

For any  $x \in int(dom_f)$  and any  $h \in \mathbb{R}^p$ ,

$$D_h f(x) = \sup_{v \in \partial f(x)} \langle v, h \rangle,$$

where  $D_h$  denotes the directional derivative of f,

$$D_h f(x) = \lim_{t>0, t\to 0} \frac{f(x+th) - f(x)}{t}$$

Consequence: if f is differentiable at  $\bar{x}$  then  $\partial f(\bar{x}) = \{\nabla f(\bar{x})\}$ 

### Definition

Given f convex, the Fenchel-Legendre transform of f is given as follows

$$f^*: z \mapsto \sup_{y \in \mathbb{R}^p} z^T y - f(y)$$

### Theorem

For any f convex,  $f^*$  is convex and for any  $x, z \in \mathbb{R}^p$ 

$$f(x) + f^*(z) \ge z^T x$$

and the preceeding inequality holds if and only if  $z \in \partial f(x)$ . This is called Fenchel-Young's inequality. Furthermore, f is lower semicontinuous if and only if  $(f^*)^* = f$ .

Set  $f: x \mapsto ||x||_1$ . Compute  $f^*$  and the subgradient of f.

# Plan

- 1. Gradient descent algorithm
- 2. Nonsmooth analsysis
- 3. Subgradient descent
- 4. Composite optimization
- 5. Lower bounds and acceleration

### Proposition

Let  $f : \mathbb{R}^p \mapsto \mathbb{R}$  be a convex function which attains its infimum and has full domain. Consider the algorithm, for  $x_0 \in \mathbb{R}^p$ , a sequence of positive numbers  $\alpha_k > 0$ ,  $k \in \mathbb{N}$ , iterate

$$x_{k+1} = x_k - \alpha_k v_k \tag{5}$$

$$v_k \in \partial f(x_k).$$
 (6)

Then for any global minimizer  $x^*$ , setting,  $y_k = \sum_{i=0}^k \alpha_i x_i / \left( \sum_{i=0}^k \alpha_i \right)$ 

$$\min_{k=1,...,k} f(x_k) - f^* \le \frac{\|x_0 - x^*\|^2 + \sum_{i=0}^k \alpha_i^2 \|v_i\|_2^2}{2\sum_{i=0}^k \alpha_i}$$
$$f(y_k) - f^* \le \frac{\|x_0 - x^*\|^2 + \sum_{i=0}^k \alpha_i^2 \|v_i\|_2^2}{2\sum_{i=0}^k \alpha_i}$$

### Corollary

If f is L-Lipschitz, we have the following convergence result for subgradient method.

• If  $\alpha_k = \alpha$  is constant, we have

$$\min_{i=1,\ldots,k} f(x_k) - f^* \le \frac{\|x_0 - x^*\|^2}{2(k+1)\alpha} + \frac{L^2\alpha}{2}$$

• In particular, choosing  $\alpha_i = \frac{\|\mathbf{x}_0 - \mathbf{x}^*\|/L}{\sqrt{k+1}}$ , we have

$$\min_{x=1,...,k} f(x_k) - f^* \le \frac{\|x_0 - x^*\|L}{\sqrt{k+1}}$$

• Choosing  $\alpha_k = \|x_0 - x^*\|/(L\sqrt{k})$  for all k, we obtain for all k

$$\min_{i=1,...,k} f(x_k) - f^* = O\left(\frac{\|x_0 - x^*\|_2 L(1 + \log(k))}{\sqrt{k}}\right)$$

- Very generic, applies to any convex function (all purpose tool).
- Requires computing subgradient (interior of the domain).
- The convergence rate is optimal among all Lipschitz function.
- Hard to tune (decreasing step size).
- Quite slow in practice.

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Lasso estimator

$$\hat{\theta}^{\ell_1} \in \arg\min_{\theta \in \mathbb{R}^d} \frac{1}{2n} \| \mathbb{X} \theta - Y \|^2 + \lambda \| \theta \|_1.$$

Composite structure: "Smooth + non smooth"

F = f + g

where f is smooth and g is convex, non smooth.

This additional structure can be leveraged. This model includes constrained optimization problems.

### Definition

Given a closed convex function,  $g\colon \mathbb{R}^d\mapsto \mathbb{R},$  the proximity operator of g is defined as follows

$$\operatorname{prox}_f : z \mapsto \arg\min_{y \in \mathbb{R}^d} g(y) + \frac{1}{2} \|y - z\|_2^2.$$

By strong convexity, the minimum is attained and is strict.

Note that we have  $x = \text{prox}_g(z)$  if and only if  $z = \partial g(x) + x$  and the proximity operator is sometimes denoted  $(\partial g + I)^{-1}$ .

**Indicator:** Let C be compact convex and  $\delta(x) = 0$  for  $x \in C$  and  $+\infty$  otherwise. What is  $\text{prox}_{\delta}$ ?

$$\min_{x\in\mathbb{R}^p}f(x)+g(x)$$

### Lemma

Let  $f : \mathbb{R}^{p} \mapsto \mathbb{R}$  be convex continuously differentiable with L-Lipschitz gradient and g be convex lower semicontinuous. Fix any  $x \in \mathbb{R}^{p}$  and set

$$y = \operatorname{prox}_{g/L}\left(x - \frac{1}{L}\nabla f(x)\right).$$

Then, for any  $z \in \mathbb{R}^d$ ,

$$f(z) + g(z) + \frac{L}{2} ||x - z||_2^2 \ge f(y) + g(y) + \frac{L}{2} ||y - z||_2^2$$

$$\min_{x\in\mathbb{R}^p}f(x)+g(x)$$

### Proposition

Let  $f : \mathbb{R}^{\rho} \to \mathbb{R}$  be convex continuously differentiable with L-Lipschitz gradient and g be convex lower semicontinuous such that  $\rho = \inf_{x \in \mathbb{R}^{p}} f(x) + g(x) > -\infty$  is attained at  $x^{*}$ . Consider the algorithm, for  $x_{0} \in \mathbb{R}^{p}$  and

$$x_{k+1} = \operatorname{prox}_{g/L}\left(x_k - \frac{1}{L}\nabla f(x_k)\right).$$
(7)

Then  $x_k$  converges to a global minimum and we have for any  $k \in \mathbb{N}$ , k > 0,

$$f(x_k) + g(x_k) - \rho \leq \frac{L \|x_0 - x^*\|_2^2}{2k}$$

If in addition f + g is  $\mu$ -strongly convex, we have in addition

$$\|x_{k+1} - x^*\|_2^2 \le \frac{L}{L+\mu} \|x_k - x^*\|_2^2.$$

- More efficient way to handle nonsmooth convex functions.
- Easier to implment.
- Faster in practice (similar as gradient descent).
- $\bullet\,$  Require to compute  ${\rm prox}$  operators (not always possible).

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Can we do better? What is the limit?

## Definition

A first order method to minimize a smooth convex function f when initiated at  $x_1 = 0$ , produces a sequence of points  $(x_i)_{i \in \mathbb{N}}$  such that for any  $k \in \mathbb{N}$ ,

$$x_{k+1} \in \operatorname{span} \left( 
abla f(x_0), \ldots, 
abla f(x_k) 
ight).$$

### Theorem

Let  $k \leq (d-1)/2$ , L > 0. There exists a convex function f with L-Lipschitz gradient over  $\mathbb{R}^d$ , such that for any first order method satisfying definition (11),

$$\min_{1 \le s \le k} f(x_s) - f(x^*) \ge \frac{3L}{32} \frac{\|x_0 - x^*\|^2}{(k+1)^2}$$

For  $h : \mathbb{R}^d \to \mathbb{R}$  we denote  $h^* = \inf_{x \in \mathbb{R}^d} h(x)$ .

For  $k \leq d$  let  $A_k \in \mathbb{R}^{d \times d}$  be the symmetric and tridiagonal matrix defined by

$$(A_k)_{i,j} = \begin{cases} 2, & i = j, i \le k \\ -1, & j \in \{i - 1, i + 1\}, i \le k, j \ne k + 1 \\ 0, & \text{otherwise.} \end{cases}$$

We verify that  $0 \preceq A_k \preceq 4I$  since for any  $x \in \mathbb{R}^d$ ,

$$\begin{aligned} x^{T}A_{k}x &= 2\sum_{i=1}^{k}x(i)^{2} - 2\sum_{i=1}^{k-1}x(i)x(i+1) = x(1)^{2} + x(k)^{2} + \sum_{i=1}^{k-1}(x(i) - x(i+1))^{2} \\ &\leq 4\sum_{i=1}^{k}x(i)^{2} \geq 0 \end{aligned}$$

# Lower bound: proof (from Bubeck's book)

$$A_{k} = \begin{pmatrix} 2 & -1 & 0 & & \\ -1 & 2 & -1 & 0 & \\ & \ddots & & \ddots & \\ & 0 & -1 & 2 & -1 \\ & & 0 & -1 & 2 \end{pmatrix} k \text{ lines}$$

$$k \text{ lines}$$

$$0_{d-k,k} & 0_{d-k,d-k}$$

We consider now the following convex function:

$$f(x) = \frac{L}{8}x^{\top}A_{2k+1}x - \frac{L}{4}x^{\top}e_1$$

For any s = 1, ..., k,  $x_s$  must lie in the linear span of  $e_1, ..., e_{s-1}$  (assumption). In particular for  $s \le k$ ,  $x_s(i) = 0$  for i = s, ..., d, which implies  $x_s^T A_{2k+1} x_s = x_s^T A_k x_s$ . Set

$$f_k(x) = \frac{L}{8} x^\top A_k x - \frac{L}{4} x^\top e_1$$

We proved that, for all  $s \leq k$ 

$$f(x_s) - f^* = f_k(x_s) - f_{2k+1}^* \ge f_k^* - f_{2k+1}^*.$$

Thus it remains to compute the minimizer  $x_k^*$  of  $f_k$ , its norm, and the corresponding function value  $f_k^*$ .

The point  $x_k^*$  is the unique solution in the span of  $e_1, \ldots, e_k$  of  $A_k x = e_1$ . One can verify (Exercise) that it is defined by  $x_k^*(i) = 1 - \frac{i}{k+1}$  for  $i = 1, \ldots, k$ . Thus we have:

$$f_k^* = \frac{L}{8} (x_k^*)^\top A_k x_k^* - \frac{L}{4} (x_k^*)^\top e_1 = -\frac{L}{4} (x_k^*)^\top e_1 = -\frac{L}{4} \left( 1 - \frac{1}{k+1} \right).$$

Furthermore note that

$$\|x_k^*\|^2 = \sum_{i=1}^k \left(1 - \frac{i}{k+1}\right)^2 = \sum_{i=1}^k \left(\frac{i}{k+1}\right)^2 \le \frac{k+1}{3}.$$

Thus one obtains:

$$f_k^* - f_{2k+1}^* = rac{L}{4} \left( rac{1}{k+1} - rac{1}{2k+2} 
ight) \geq rac{3L}{16} rac{\|x_{2k+1}^*\|^2}{(k+1)^2},$$

Gradient descent achieves 1/k and the lower bound is  $1/k^2$ . Which one is tight?

#### Theorem

Let  $f : \mathbb{R}^{p} \mapsto \mathbb{R}$  be convex continuously differentiable with L-Lipschitz gradient  $\inf_{x \in \mathbb{R}^{p}} f(x) > -\infty$ . Consider the algorithm, for  $x_{-1} \in \mathbb{R}^{p}$ , set  $y_{0} = x_{-1}$ ,  $t_{1} = 1$  and for  $k \in \mathbb{N}$ ,

$$x_{k} = y_{k} - \frac{1}{L} \nabla f(y_{k})$$

$$t_{k+1} = \frac{1 + \sqrt{1 + 4t_{k}^{2}}}{2}$$

$$y_{k+1} = x_{k} + \left(\frac{t_{k} - 1}{t_{k+1}}\right) (x_{k} - x_{k-1}).$$
(8)

Then for any  $k \in \mathbb{N}$ 

$$f(x_k) - f^* \leq rac{4L \|x_0 - x^*\|_2^2}{(k+2)^2}.$$

Set for any  $k \in \mathbb{N}$ ,

$$p_k := (t_k - 1)(x_{k-1} - x_k)$$
 so that  $y_{k+1} = x_k - \frac{p_k}{t_{k+1}}$ 

**Momentum term:** for any  $k \ge 1$ 

$$t_k \ge rac{1+\sqrt{4t_{k-1}^2+1}}{2} \ge t_{k-1} + rac{1}{2} \ge t_0 + rac{k}{2} = 1 + rac{k}{2}.$$
 (9)  
 $(t_{k+1}^2 - t_{k+1}) = t_k^2.$  (10)

**Main argument:** the sequence  $\{z_k\}_{k \in \mathbb{N}}$ ,

$$z_k := \frac{2t_k^2}{L}(f(x_k) - f^*) + \|p_k - x_k + x^*\|^2,$$
(11)

is non-increasing and  $z_0 \le 2||x_0 - x^*||^2$ . The result can be deduced by combining (9) and (11).

# Nesterov's acceleration: proof

We have a series of three inequalities.

$$p_{k+1} - x_{k+1} = p_k - x_k + \frac{t_{k+1}}{L} \nabla f(y_{k+1})$$

This implies

$$egin{aligned} \|p_{k+1}-x_{k+1}+x^*\|_2^2 &= \|p_k-x_k+x^*\|_2^2 + 2rac{(t_{k+1}-1)}{L} \left< p_k, 
abla f(y_{k+1}) 
ight> \ &+ 2rac{t_{k+1}}{L} \left< x^*-y_{k+1}, 
abla f(y_{k+1}) 
ight> + rac{t_{k+1}^2}{L^2} \|
abla f(y_{k+1})\|_2^2 \end{aligned}$$

From the Lipschitz gradient assumption, we obtain

$$\begin{split} f(x_{k+1}) - f^* &\leq f(y_{k+1}) - f^* - \frac{1}{2L} \|\nabla f(y_{k+1})\|_2^2 \\ &\leq \langle \nabla f(y_{k+1}), y_{k+1} - x^* \rangle - \frac{1}{2L} \|\nabla f(y_{k+1})\|_2^2 \\ &\frac{1}{2L} \|\nabla f(y_{k+1})\|_2^2 \leq f(y_{k+1}) - f(x_{k+1}) \leq f(x_k) - f(x_{k+1}) - \frac{1}{t_{k+1}} \langle \rho_k, \nabla f(y_{k+1}) \rangle \end{split}$$

# Nesterov's acceleration: proof

Using the last three identities, we obtain

$$\begin{split} \|p_{k+1} - x_{k+1} + x^*\|_2^2 - \|p_k - x_k + x^*\|_2^2 \\ &= 2\frac{(t_{k+1} - 1)}{L} \langle p_k, \nabla f(y_{k+1}) \rangle + 2\frac{t_{k+1}}{L} \langle x^* - y_{k+1}, \nabla f(y_{k+1}) \rangle + \frac{t_{k+1}^2}{L^2} \|\nabla f(y_{k+1})\|_2^2 \\ &\leq 2t_{k+1} \frac{(t_{k+1} - 1)}{L} \left( f(x_k) - f(x_{k+1}) - \frac{1}{2L} \|\nabla f(y_{k+1})\|_2^2 \right) \\ &+ 2\frac{t_{k+1}}{L} \left( f^* - f(x_{k+1}) - \frac{1}{2L} \|\nabla f(y_{k+1})\|_2^2 \right) + \frac{t_{k+1}^2}{L^2} \|\nabla f(y_{k+1})\|_2^2 \\ &= 2t_{k+1} \frac{(t_{k+1} - 1)}{L} \left( f(x_k) - f^* + f^* - f(x_{k+1}) \right) + 2\frac{t_{k+1}}{L} \left( f^* - f(x_{k+1}) \right) \\ &= 2\frac{t_k^2}{L} \left( f(x_k) - f^* \right) - 2\frac{t_{k+1}^2}{L} \left( f(x_{k+1} - f^*) \right) \end{split}$$

This proves that the sequence  $(z_k)_{k\in\mathbb{N}}$  is non increasing. It remains to compute  $z_0$ ,

$$z_0 = rac{2}{L}(f(x_0) - f^*) + \|x^* - x_0\|^2 \le 2\|x_0 - x^*\|_2^2.$$

Putting things together

$$f(x_k) - f^* \leq \frac{Lz_0}{2t_k^2} \leq \frac{4L\|x_0 - x^*\|_2^2}{(k+2)^2}.$$

- When available prefer proximal method.
- Acceleration works well in practive.
- Extension of Nesterov's algorithm to the proximal decomposition setting (Beck and Teboulle, FISTA).